













# Halloween Safety Guide

Halloween and trick-or-treating can create memories that last a lifetime. Here are a few tips that can help make your Halloween safe and enjoyable...

## For Kids:

-  Help your child pick out a costume that is fire-proof, comfortable, and with eye holes in masks large enough to allow good peripheral vision.
-  If there is a prop with the costume such as a sword or knife, make sure edges are smooth and flexible so not to cause injury if they fall on them.
-  If you have jack-o-lanterns on your porch with burning candles, make sure they are out of the way of trick-or-treaters at your front door.
-  Serve your kids a filling meal before trick-or-treating. They'll be less likely to eat candy they collect before you get a chance to examine it.
-  Remind your kids of basic safety rules such as: never get into a car with a stranger; never go into a stranger's home; don't walk through dark alleys or fields - stay in well-lighted areas; look both ways before crossing streets.
-  Trick-or-treat during daylight hours or make your child carry a flashlight, glow stick or put reflective tape on their costume to make them more visible to traffic. Always have a responsible adult go with the kids.

## For Adults:

-  Hold a costume contest or have a theme party...the possibilities are endless!
-  When choosing a menu, keep in mind food allergies. Common food allergies to dairy products, peanuts or shell fish can put a damper on the festivities for guests.
-  If you have kids trick-or-treating, know the route your kids will take even if you aren't going with them.
-  Halloween parties can be fun for adults as well as kids. Don't let drinking get out of hand, and take keys away from anyone driving. Choose a designated driver to take people home as needed.
-  Set the mood with spooky music. You can find lots of Halloween music and sound effects on CD or online to download. It's fun for both adults and kids!
-  Don't forget your pets! Pets are often teased, injured or stolen on Halloween so keep them inside. Also remember that chocolates, candy or candy wrappers can be deadly, so keep them out of the reach of your precious pet!

Happy Haunting from